

PLAYER 1 START

Before we begin your adventure, let's look at your **BAND CODE** inventory.

STARTING EQUIPMENT

MIRROR

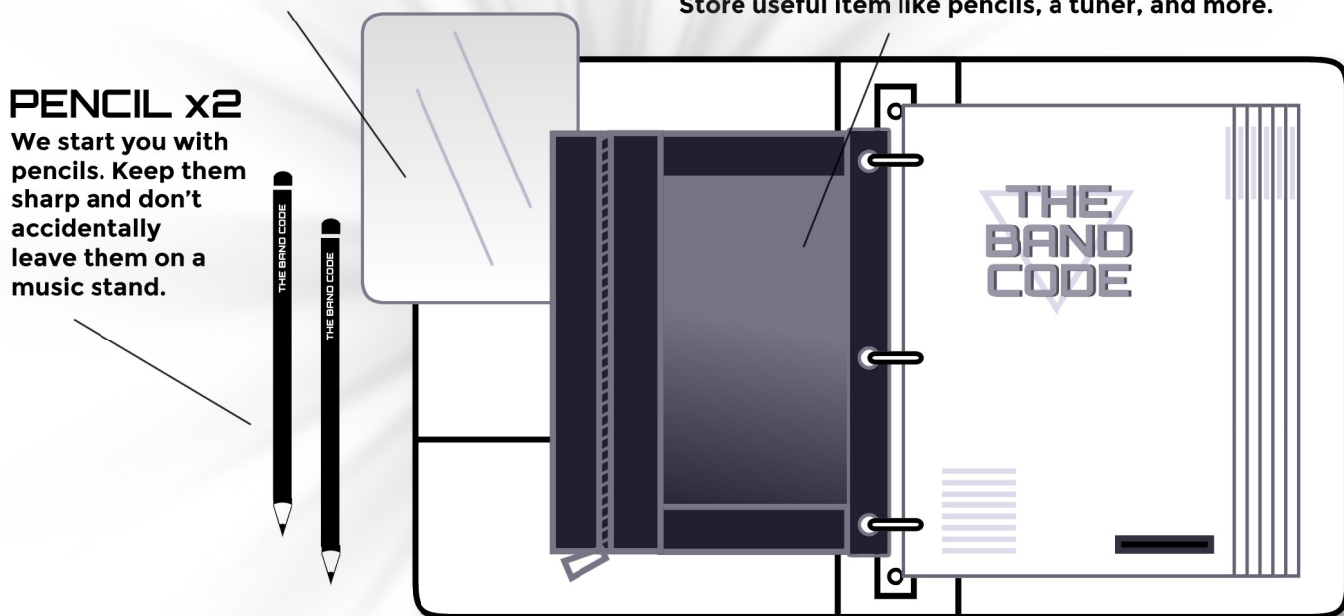
Use during class and at home to maintain a great embouchure (you'll learn what that is later).

ACCESSORY BAG

Store useful item like pencils, a tuner, and more.

PENCIL x2

We start you with pencils. Keep them sharp and don't accidentally leave them on a music stand.



REPLACING EQUIPMENT

Some of your inventory will deplete throughout the year. This is what you should replace it with:

REEDS



Size 2.5



Size 3



Size 3.5

Cork Grease



POSTURE

How we sit in band is incredibly important. It makes us **look** and **sound** better.

Avoid *bad* posture:

THE SLOUCH

Future back pain!



THE LEAN

Constricted lungs and air flow!



THE CURVE

More future back pain!



Depending on your instrument, sit with *good* posture:



HEAD UP

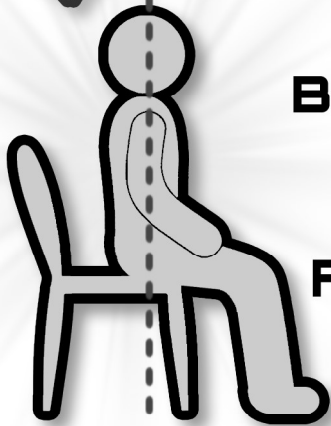
Great sounds!

BACK STRAIGHT

Good air flow!

FEET FLAT ON GROUND

Great for foot tapping!



Practice sitting *silently* with good posture now!

THE BEAT

Music is made of pulses called **BEATS**.
We must learn to **play to the beat**.

Your teacher will set a metronome to 72 bpm.

Listen to each click. Feel the beat.

Scan this
with a phone
to play stages
and exercises
with a pro!











Follow the directions below while maintaining **GOOD POSTURE**:









1 COUNT to FOUR on each *CLICK*, then COUNT to FOUR silently. Repeat once, then stop.

CLICK	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	REPEAT ONCE THEN STOP
1	2	3	4	1	2	3	4	
ONE	TWO	THREE	FOUR	ONE	TWO	THREE	FOUR	








2 Now, try tapping your foot at the same time. Repeat once, then stop.

CLICK	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	REPEAT ONCE THEN STOP
1	2	3	4	1	2	3	4	
ONE	TWO	THREE	FOUR	ONE	TWO	THREE	FOUR	
								

3 Now, hold ONE for 4 clicks while tapping your foot. Repeat once, then stop.

CLICK	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	REPEAT ONCE THEN STOP
1	2	3	4	1	2	3	4	
ONE	ONE			ONE	TWO	THREE	FOUR	
								

4 Now, hold ONE for 4 clicks twice while tapping your foot. Repeat once, then stop.

CLICK	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	REPEAT ONCE THEN STOP
1	2	3	4	1	2	3	4	
ONE	ONE			ONE	ONE			
								

Intro to BREATHING

Time to practice breathing!

Do these daily for a week or two then move on to DAILY BREATHING 1 in **TRAINING MODE**.

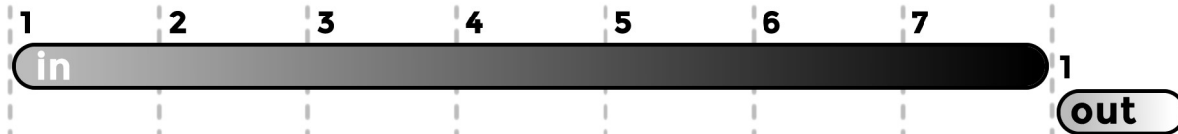
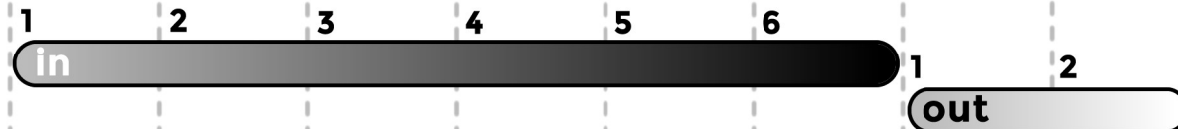
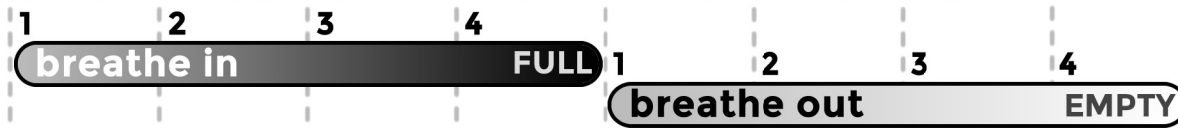
Below, the gray bars represent *breathing in* or *breathing out*. Give it a try! Don't forget to maintain **GOOD POSTURE**.



Do one to three BREATHING SETS with a metronome set to 72 bpm.

BREATHING SET 1

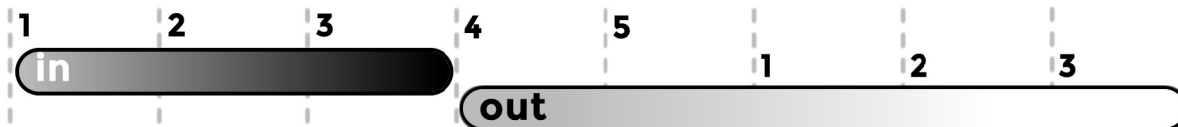
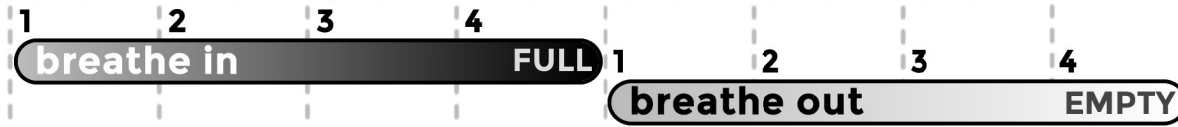
CLICK *CLICK* *CLICK* *CLICK* *CLICK* *CLICK* *CLICK* *CLICK*



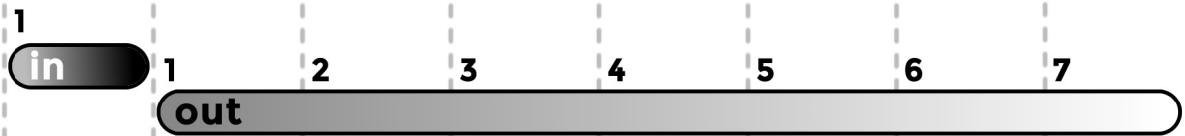
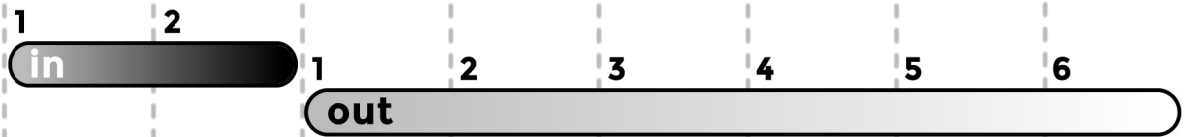
OPTIONAL
REPEAT
FROM THE
BEGINNING

BREATHING SET 2

CLICK *CLICK* *CLICK* *CLICK* *CLICK* *CLICK* *CLICK* *CLICK*



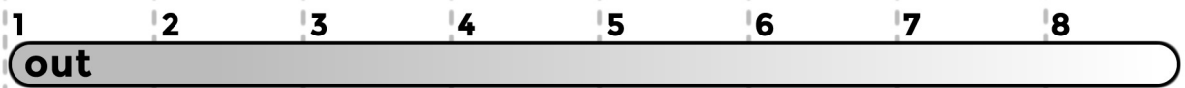
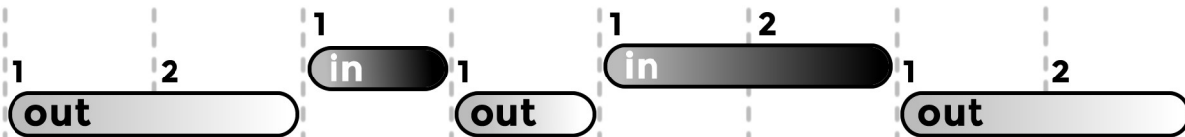
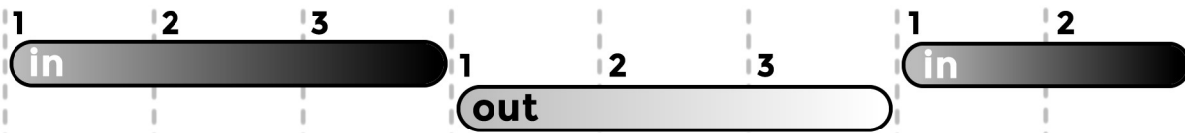
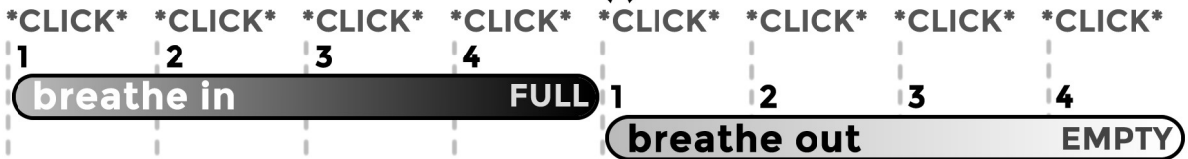
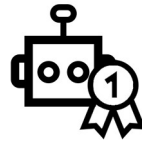
NEXT PAGE



OPTIONAL
REPEAT
FROM THE
BEGINNING

BREATHING SET 3

You can do this!



OPTIONAL
REPEAT
FROM THE
BEGINNING

Intro to EMBOUCHURE

An embouchure is how we form our lips to play an instrument.

Your teacher will show you how they want you to form an embouchure for playing clarinet.

Flex and relax your embouchure muscles by doing the exercises below with a metronome set to 60 bpm:



EMBOUCHURE BUILDER

Try this with and without a mouthpiece (and barrel/reed)!

CLICK *CLICK* *CLICK* *CLICK* *CLICK* *CLICK* *CLICK* *CLICK*

1	2	3	4	1	2	3	4	REPEAT
FLEX				relax				

1	2	3	4	5	6	7	8	1	2	3	4	REPEAT
FLEX								relax				

1	2	3	4	5	6	7	8	9	10	11	12	relax
FLEX												

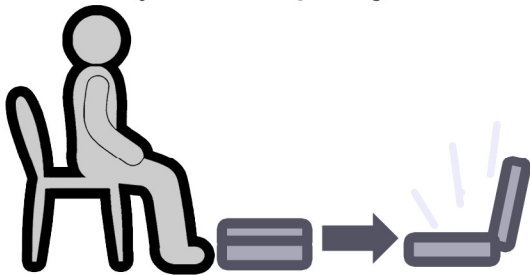
Use your MIRROR to help you maintain a correct embouchure.



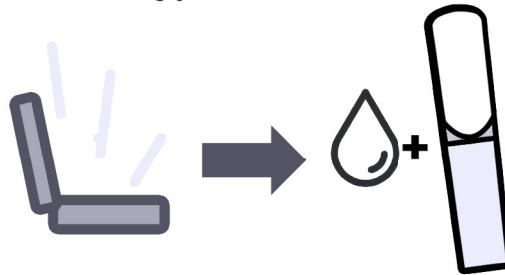
Intro to ASSEMBLY

Your band director will explain how to assemble your mouthpiece, barrel, ligature and reed. Here are some other important things to always remember:

- 1 Always set your case on the ground in front of you before opening it.

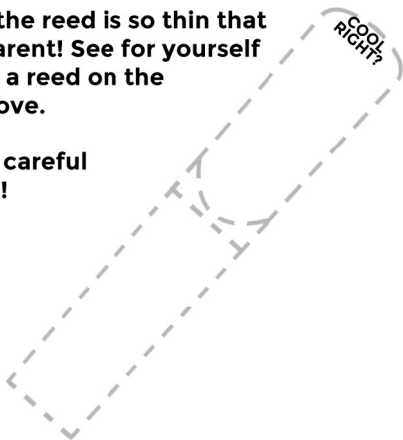


- 2 After you open your case, immediately start soaking your reed.

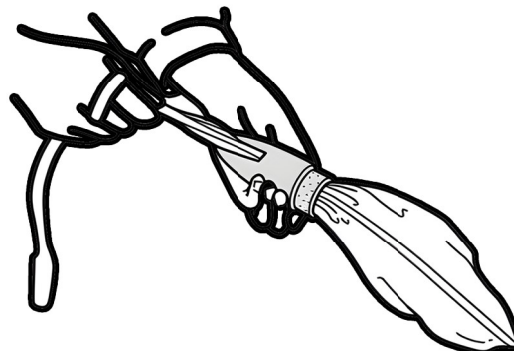


- 3 The tip of the reed is so thin that it's transparent! See for yourself by placing a reed on the outline above.

Always be careful with reeds!



- 4 Before you put your instrument away, run the swab "bottom-to-top".



FIRST SOUNDS

Your teacher will show you how to create sound using your air with the mouthpiece and barrel.

Create sound using your mouthpiece and barrel to do the exercises below with a metronome set to 72 bpm:

1	*CLICK* 1	*CLICK* 2	*CLICK* 3	*CLICK* 4	*CLICK* 1	*CLICK* 2	*CLICK* 3	*CLICK* 4	REPEAT
	(Sound)				ONE	TWO	THREE	FOUR	
2	1	2	3	4	1	2	3	4	REPEAT
			ONE	TWO			ONE	TWO	
3	1	2	3	4	1	2	3	4	REPEAT
				ONE				ONE	
4	1	2	3	4	1	2	3	4	REPEAT
							ONE	TWO	

Intro to ARTICULATION

Articulation is when we use our tongue to stop the reed from vibrating.

You can see how the reed vibrates by inhaling from the bottom of the barrel while looking at the reed.

Practice using the tip of your tongue to touch the reed. Use only the tiniest of movements (without blowing).

We can do this to give our notes crisp starts or to make new notes.

Touch near the tip of the reed with your tongue, not the very tip.



If the opening is obscured with by tongue, your notes will start with "cth" sound.



MOUTHPIECE & BARREL EXERCISES

Playing on the mouthpiece and barrel is a great way to help you develop beautiful tone quality.

Use your mouthpiece and barrel to play the exercises below with a metronome set to 72 bpm, repeat as necessary.



MOUTHPIECE & BARREL SET 1

Use your tongue to start each gray bar with an articulation.

CLICK 1 *CLICK* 2 *CLICK* 3 *CLICK* 4 *CLICK* 1 *CLICK* 2 *CLICK* 3 *CLICK* 4

1 [Gray bar 1-3] [Gray bar 4-5] [Gray bar 6-8]

2 [Gray bar 1-2] [Gray bar 3-4] [Gray bar 5-6] [Gray bar 7-8]

3 [Gray bar 1-2] [Gray bar 3-4] [Gray bar 5-6] [Gray bar 7-8]

4 [Gray bar 1-2] [Gray bar 3-4] [Gray bar 5-8]

MOUTHPIECE & BARREL SET 2

Use your tongue to start each gray bar with an articulation.

1 2 3 4 1 2 3 4

1 [Gray bar 1-2] [Gray bar 3-4] [Gray bar 5-6] [Gray bar 7-8]

2 [Gray bar 1-2] [Gray bar 3-4] [Gray bar 5-6] [Gray bar 7-8]

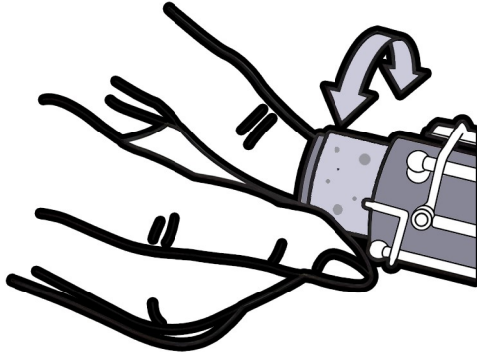
3 [Gray bar 1-2] [Gray bar 3-4] [Gray bar 5-6] [Gray bar 7-8]

4 [Gray bar 1-4] [Gray bar 5-8]

FULL ASSEMBLY

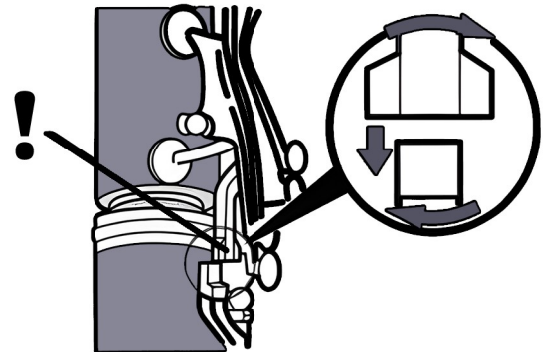
Your teacher will explain how to assemble your clarinet, but here are some important things to consider:

When applying cork grease, rub it *into* the cork, not *onto* the cork, much like when you apply lotion or sunscreen.



For cleaner application, use a small amount on just one finger.

Watch out for bridge keys!
Top goes over the bottom!

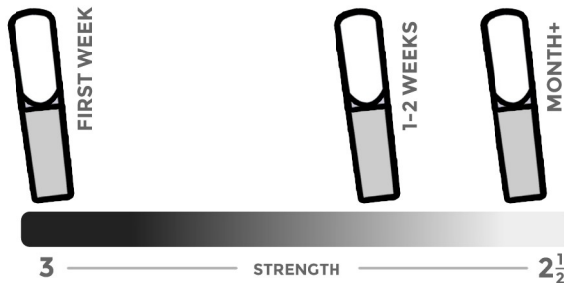


If you bend the keys, you will need to take the clarinet to repaired.

REED CARE

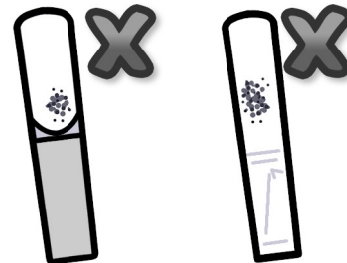
It's important to take care of reeds. With proper care you can have beautiful tone and give long life to your reeds.

When you first open a reed it will need to be "broken in".



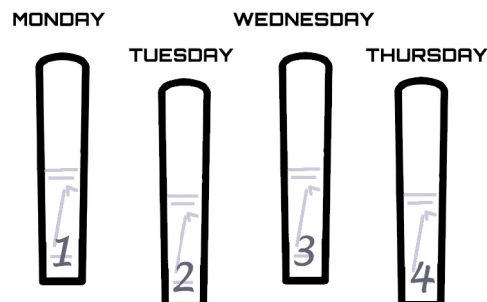
It should be a little too hard at first but feel softer over time.

Dry your reeds off when done using them otherwise mold may grow.



If mold is found on your reed, throw it away **IMMEDIATELY** before the mold spreads to other reeds!

Try not to play the same reed two days in a row. Keep at least 4 reeds in a rotation.



Numbering the backs helps.

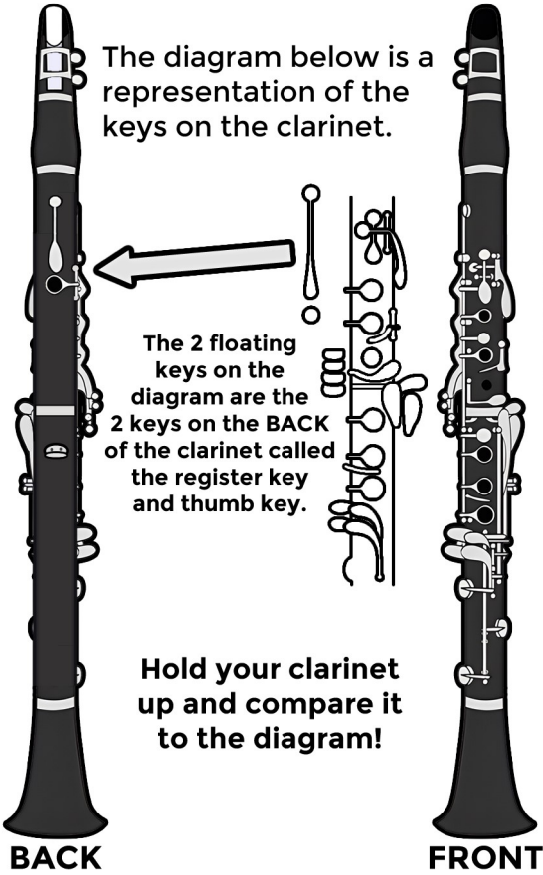
The edge of the reed gets damaged over time, especially when first learning to play.



If a reed is chipped, toss it in the trash.

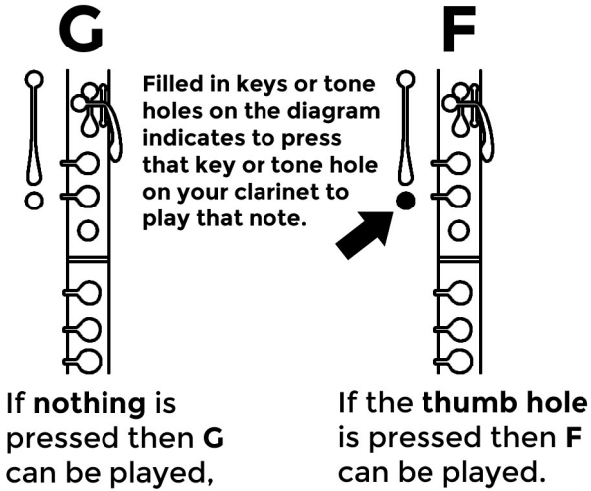
STARTING NOTES

Let's get familiar with the clarinet.



All clarinets are a little bit different. It's okay if yours doesn't look EXACTLY like this.

For now, diagrams will only show basic keys and tone holes.



Try pressing the thumb hole with the LEFT thumb.

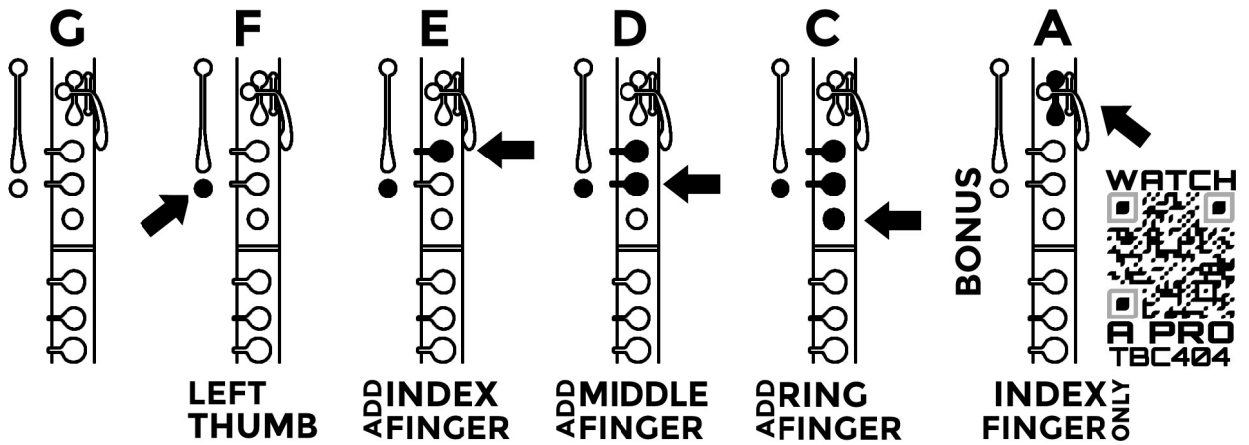
NOTES G & F

Move your fingers to the correct positions while saying the note names for the exercises below:



	CLICK	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	*CLICK*	
	1	2	3	4	1	2	3	4
1	G				F			
	1	2	3	4	1	2	3	4
2	F		G		F			
	1	2	3	4	1	2	3	4
3	G		F		G			
	1	2	3	4	1	2	3	4
4	F		G		F	G	F	G

These are all the notes we'll be exploring for now—you can do this!



NOTES G, F, E, D, C, & A

You must get your fingers familiar with the tone holes & keys. Move your fingers to the correct positions while saying the correct note names in the exercises below:



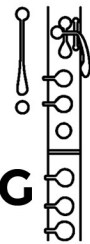
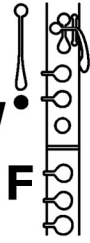
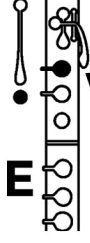


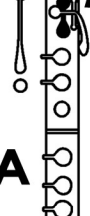
1	*CLICK* 1	*CLICK* 2	*CLICK* 3	*CLICK* 4	*CLICK* 1	*CLICK* 2	*CLICK* 3	*CLICK* 4
1	G	F	G	F	G	F	G	F
2	1	2	3	4	1	2	3	4
2	E	F	E	F	E	F	E	F
3	1	2	3	4	1	2	3	4
3	D	E	D	E	D	E	D	E
4	1	2	3	4	1	2	3	4
4	C	D	C	D	C	D	C	D
5	1	2	3	4	1	2	3	4
5	C	D	C	D	C	D	C	D
6	1	2	3	4	1	2	3	4
6	A	G	A	G	A	G	A	G



PLAYING NOTES G, F, E, D, C, & A

Now we get to finally start playing!
Use everything you've learned to this point to play beautiful notes!

Play the exercises below with a metronome set to 72 bpm

 <p>G</p>	<p>*CLICK* 1 *CLICK* 2 *CLICK* 3 *CLICK* 4 *CLICK* 1 *CLICK* 2 *CLICK* 3 *CLICK* 4</p> <p>1 G</p> <p>↑ ARTICULATE</p>	<p>REPEAT</p>
 <p>F</p>	<p>1 2 3 4 1 2 3 4</p> <p>2 F</p> <p>↑ ARTICULATE</p>	<p>REPEAT</p>
 <p>E</p>	<p>1 2 3 4 1 2 3 4</p> <p>3 E</p> <p>↑ ARTICULATE</p>	<p>REPEAT</p>
 <p>D</p>	<p>1 2 3 4 1 2 3 4</p> <p>4 D</p> <p>↑ ARTICULATE</p>	<p>REPEAT</p>
 <p>C</p>	<p>1 2 3 4 1 2 3 4</p> <p>5 C</p> <p>↑ ARTICULATE</p>	<p>REPEAT</p>
 <p>A</p>	<p>1 2 3 4 1 2 3 4</p> <p>6 A</p> <p>↑ ARTICULATE</p>	<p>REPEAT</p>

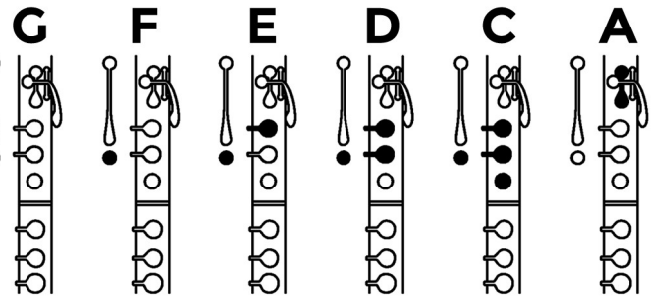
Great! Now, go back and *PLAY* the previous 2 pages before completing the tutorial.

TUTORIAL CHALLENGE

Let's play more notes!
Maintain good posture, a firm embouchure, and good air.

Articulate only the first note.
Play at various bpm.

You can do this.



1 ***CLICK*** 1 **G** ***CLICK*** 2 **F** ***CLICK*** 3 **G** ***CLICK*** 4 **F** ***CLICK*** 1 **G** ***CLICK*** 2 **F** ***CLICK*** 3 **G** ***CLICK*** 4 **F**

↑ ARTICULATE

2 1 **E** 2 **F** 3 **E** 4 **F** 1 **E** 2 **F** 3 **E** 4 **F**

↑ ARTICULATE

3 1 **D** 2 **E** 3 **D** 4 **E** 1 **D** 2 **E** 3 **D** 4 **E**

↑ ARTICULATE

4 1 **C** 2 **D** 3 **C** 4 **D** 1 **E** 2 **D** 3 **E** 4 **D**

↑ ARTICULATE

5 1 **C** 2 **D** 3 **E** 4 **D** 1 **C** 2 **D** 3 **E** 4 **D**

↑ ARTICULATE

6 1 **D** 2 **E** 3 **F** 4 **E** 1 **D** 2 **E** 3 **F** 4 **E**

↑ ARTICULATE

7 1 **A** 2 **G** 3 **A** 4 **G** 1 **A** 2 **G** 3 **A** 4 **G**

↑ ARTICULATE

8 1 **F** 2 **G** 3 **F** 4 **G** 1 **A** 2 **G** 3 **A** 4 **G**

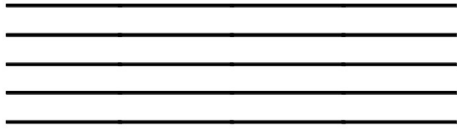
↑ ARTICULATE

Intro to READING MUSIC

All these terms and elements of music will be covered thoroughly in the **BEHIND THE CODE** section. This is just a crash course!

STAFF

These 5 lines are called the **staff**:

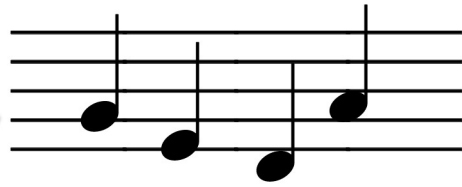


NOTES

These are notes:



Notes sit on the staff:



Clefs sit at the beginning of the staff:



CLEFS

These are clefs:

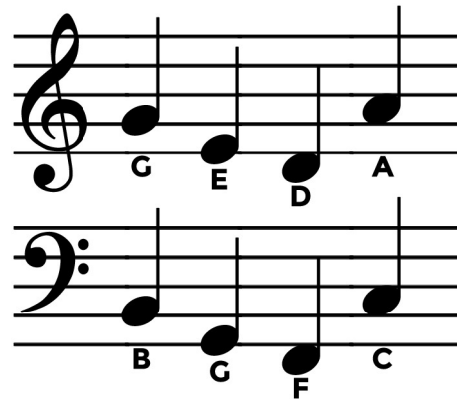


Treble
Clef

Bass
Clef

NOTE NAMES

Clefs determine the **note names**.

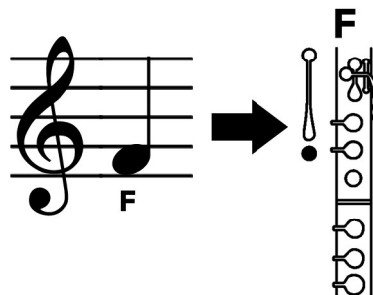
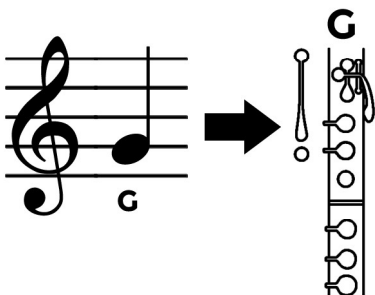


MUSICAL ALPHABET

You name notes using the letters **A, B, C, D, E, F, & G**.

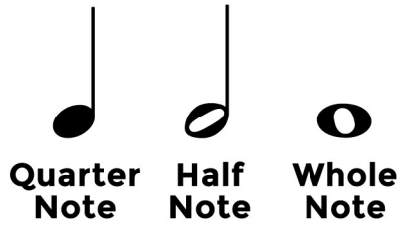


The note names tell us what notes to **play** on the clarinet. Clarinet music is written in **treble clef**.

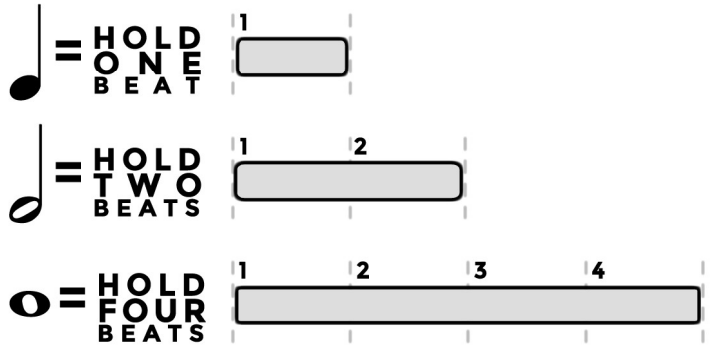


RHYTHM

These are different **rhythms**:

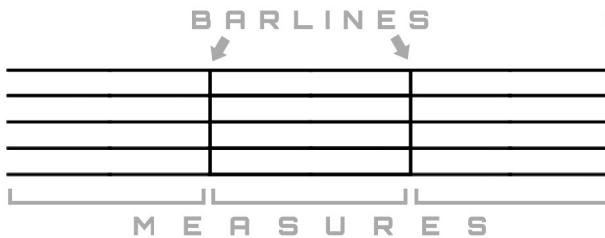


Rhythm tells you how long to hold notes.
Use these durations for now:



BARLINES and MEASURES

By adding **barlines** to the staff you can create **measures**:



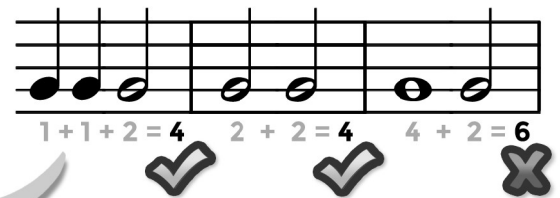
Measures help you group rhythms together.

TIME SIGNATURES

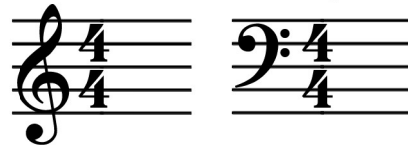
This is a **time signature**:



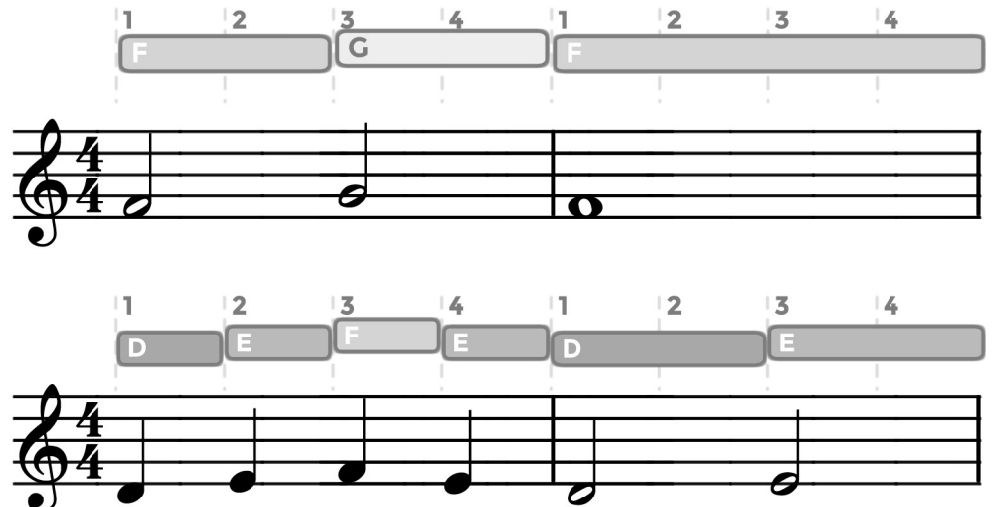
This time signature tells you each measure must have a group of rhythms that adds up to **4** beats.



Time signatures are placed after the first clef of a piece:



So, if we put all these elements together, we can write exercises you've already played using **music notation**:



Look what you've already done and you didn't even know it!



TUTORIAL COMPLETE

Congrats! You're ready to adventure
through the **THE BAND CODE**.

Choose any of the following to continue:

UNLOCKED



BEHIND THE CODE



TRAINING MODE



RHYTHM STAGES

You can do this.